



H001 Chest Press

SIZE: (L 2090 x W 1340 x H 1830 mm)
Weight : 200kg



H002 Lat Pulldown

SIZE: (L 1940 x W 1340 x H 2180 mm)
Weight : 186kg



H003 Seated Row

SIZE: (L 1790 x W 1340 x H 1190 mm)
Weight : 169kg



H004 Bicep Curl

SIZE: (L 1520 x W 1370 x H 1200 mm)
Weight : 165kg



H005 Stadang Calf Raise

SIZE: (L 1470 x W 1330 x H 2100 mm)
Weight : 146kg



H006 Ab Extension

SIZE: (L 1090 x W 1060 x H 1590 mm)
Weight : 189kg

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H007 Shoulder Press

SIZE: (L 2080 x W 1340 x H 1410 mm)
Weight : 180kg



H008 Decline Chest Press

SIZE: (L 1850 x W 1340 x H 1430 mm)
Weight : 170kg



H009 Incline Chest Press

SIZE: (L 2290 x W 1340 x H 1430 mm)
Weight : 194kg



H010 Tricep Dip

SIZE: (L 1830 x W 1340 x H 1330 mm)
Weight : 149kg



H011 Dual Action Leg Press

SIZE: (L 2470 x W 1280 x H 1570 mm)
Weight : 245kg



H012 Hack Squat/Dead Lift

SIZE: (L 2270 x W 1500 x H 1490 mm)
Weight : 228kg

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